

GAYLE'S Sandwiches

Italiano Ficelle

Salami, ham, provolone, pepperoncini, vinaigrette & mayo. 12.50

Turkey with Bacon & Gouda Ficelle

On a seeded ficelle. 12.50

New York Provolone & Tomato Ficelle

With arugula, parsley & basil, and a creamy dijon vinaigrette. Vegetarian 11.75

Marinated Chicken Breast Sandwich

On thick sliced Capitola sourdough with housemade mayo & a splash of lemon juice. 11.75

Chickpea Sandwich on Capitola Sourdough

Chickpea salad with parmesan, lemon & mayo, tomato, clover sprouts and butter lettuce. Vegetarian. 11.75

Turkey & Dill Havarti

On Capitola sourdough, with spring mix, dill pickle & thousand island dressing. 12.50

Open-Faced Ham & Brie

Thin slices of red onion, capers & herb mayo open faced on a sliced francese baguette. 8.75

Tri Tip Sandwich

With lettuce, tomato & horseradish poppy seed sauce on Dutch Crunch 12.95

Tuna on Herb Cheese

With celery, red onions, cornichon, mayo lettuce & housemade pickles. 11.95

Vegan Power Wrap

Quinoa Power Salad, Red Pepper Cashew Spread, tamari almonds, cabbage, kale, avocado, cilantro, lime & Bitchin' sauce in a whole wheat tortilla. Vegan 11.50

Almond Tarragon Chicken Salad Croissant

Roasted chicken, fresh tarragon, celery, chopped almonds, scallions, mayo & lettuce. 12.95

GAYLE'S *Salads*

Creamy Lemon Kale

Kale salad with a creamy lemon dressing, with shaved parmesan & parmesan crisps. Vegetarian 5.75 / 11.50 / 23.00

Spring Vegetable Marinade

Snap peas, asparagus, carrots, scallions & cauliflower in a light herb vinaigrette. Vegan 5.95 / 11.95 / 23.50

Ginger Beet Salad

Roasted beets, baby spinach and a ginger dressing. Vegan 5.95 / 11.95 / 23.50

Crunchy Broccoli & Pecan Salad

Apples & gruyère cheese and a poppy seed dressing. Vegetarian 5.75 / 11.50 / 23.00

Old Fashioned Potato Salad

Red potatoes, dill pickle, black olives, celery, onion, hard-boiled egg, mayo, sour cream, parsley & mustard. Vegetarian 5.95 / 11.95 / 23.50

Fresh & Zesty Pearl Pasta Salad

With peas, mint, feta cheese, marinated red onions & arugula. Vegetarian 5.95 / 11.95 / 23.50

Panzanella Salad

With toasted sourdough croutons, artichoke hearts, tomatoes, roasted red bell peppers, garbanzos & a red wine vinaigrette. Vegan 5.95 / 11.95 / 23.50

Power Quinoa Salad

Tumeric quinoa with spiced chickpeas, kale, broccoli, carrot, almonds and pickled red onion & a tangy vinaigrette. Vegan 5.95 / 11.95 / 23.50

Fresh Fruit Salad

Seasonal, ripe fruit. Vegan 5.95 / 11.95 / 23.50

Almond Tarragon Chicken or Albacore Tuna

8.00 / 16.00 / 32.00

ENTRÉE SALADS

Gayle's Favorite Salad, Vegetarian
Romaine & spring mix, black olives, carrots, green onion, pickled beets, garbanzos, cucumbers & toasted sunflower seeds and a bright mustard vinaigrette (contains egg) 14.95

Bistro Salad, Vegetarian

With goat cheese, dried cranberries & spiced nuts. 14.95

Salmon Niçoise Salad

With green beans, red potatoes and hard-boiled egg. 18.95

Sesame Chicken Salad

Romaine, oranges, almonds, cucumber, cilantro, scallions, marinated chicken breast & poppy seed dressing. 17.95

Caesar Salad 12.50

Housemade croutons & parmesan. with Chicken Breast 16.50

Chicken Capellini Salad

Grilled chicken breast, capellini pasta, cherry tomatoes, mozzarella cheese, garlic & fresh basil in a tomato vinaigrette. 17.50